



How can Social Prescribing help Housebound patients?

- Falls prevention
- Housing issues
- Financial issues - (winter fuel worries)
- Low level mental health
- Isolation/loneliness
- Befriending services
- Help with benefits



Greater Derby
Primary Care Network

Social Prescribing gives people time, focusing on 'what matters to me' and takes a holistic approach to people's health and well-being. Social Prescribing connects people to GP Practices and statutory services for practical and emotional support.

For more information email us on ddccg.socialprescribers@nhs.net or call/text 07376 476 949 for a referral through to the Social Prescribing service.



@GreaterDerbySP



GreaterDerbySP



padley
helping people grow

citizens
advice

DISABILITY
DIRECT

making
space

derby
homes

DERBY
COUNTY
COMMUNITY
TRUST

Derby City Council



These are just a handful of the partner organisations that we work alongside, to offer a better service. For instance, since 2021 we have worked with the Royal Voluntary Service to introduce a befriending service accessible to all of our Greater Derby PCN patients.

This service has been vital in supporting housebound patients, who are feeling lonely and isolated as they struggle to leave the house.

“The befriending service has made such an impact on my life, giving me the chance to socialise again. I am extremely grateful. In the future I would like to offer my time as a befriender.”

Greater Derby PCN is a network of 11 GP practices in Derby:

**Brook Medical Centre
Chapel Street Medical Centre
Derby Family Medical Centre
Derwent Valley Medical Practice
Mickleover Medical Centre
Mickleover Surgery
Park Farm Medical Centre
Park Lane Surgery
Peartree Medical Centre
St. Thomas Road Surgery
Vernon Street Medical Centre**

